



**THOMPSON
RIVERS
UNIVERSITY**



Language and Culture Soccer Camp

LEARN ABOUT CANADIAN CULTURE, PRACTICE YOUR ENGLISH
AND ENHANCE YOUR SOCCER SKILLS

Located in the heart of British Columbia, Kamloops is only a 45-minute flight from Vancouver and is home to **Thompson Rivers University (TRU)**. As Canada's Tournament Capital Centre, Kamloops is home to many elite athletes who hone their skills in our many field and other sporting facilities.

TRU is home to the Wolfpack, which includes our men and women's soccer teams. Both teams compete in U SPORTS - the highest level of university play in Canada and have captured 11 conference championships (seven women, four men) and a pair of national titles (one women, one men). In 2022 Hillside Stadium will welcome the best in the nation when TRU hosts the U SPORTS National Championship.

Kamloops provides a safe, family-oriented environment and is surrounded by natural beauty, making it a popular education destination for students from all over the world.

Participants will:

- learn about cultural differences and similarities in our intercultural communication classes
- improve your English proficiency, especially in speaking and listening
- increase your strength and endurance and improve your skills by training with our elite soccer instructors

Minimum age requirement – 15 years

Study with TRU

For over 30 years, Thompson Rivers University (TRU) has been delivering customized training programs of the highest calibre, earning us worldwide recognition. Our intensive, short-term programs are strategically balanced to maximize learning opportunities while allowing participants enough time to gain an appreciation of Canadian culture and participate in carefully selected activities. The result is a rich and rewarding experience that will last a lifetime.



TRU Campus, located in the heart of Kamloops

Course descriptions

LANGUAGE STUDIES: Using a communicative, student-centered approach, instructors guide students through customized lessons and activities that focus on all aspects of language development. In addition to the core skills (speaking, listening, reading, and writing), students will also focus on vocabulary acquisition, reducing grammatical errors and learning content that will prepare them to participate in scheduled cultural activities.

INTERCULTURAL COMMUNICATIONS: A series of workshops that allow students to explore the intricate world of culture theory. These lessons are designed to highlight culture complexity, enhance appreciation of cultural differences and provide students with tools to assist them on their journey to intercultural fluency.

ACTIVITIES: These are sure to be a program highlight and may include waterslides, student social, a Canadian outdoor adventure, indoor rock climbing and more.

SKILLS/STRENGTH TRAINING: Learn from the best by participating in skills and strength training with some of our most elite soccer coaches and athletes.

What is included?

Homestay accommodations (begin one day before and end one day after the program date range). Homestay placement fee included. Additional dates may require an additional fee. Meals included.

Guard.me medical insurance included. Can be removed if proof of coverage is provided.

Pick-up and drop-off at Kamloops airport

Free wireless internet on campus

Support of instructors in the classroom and during activities

Orientation to TRU's campus and the city of Kamloops

Costs of all scheduled cultural and recreational activities



Sample 3 Week Schedule

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|
| June 22 Welcome Reception 9 – 9:30 a.m. Orientation 9:30 – noon Campus/City Tour 1 – 4 p.m. | 23 Soccer Skills 9 – 11:30 a.m. Intercultural Communications 12:30 – 3:30 p.m. Strength Training 3:45 – 5 p.m. | 24 Soccer Skills 9 – 11:30 a.m. Cliffside Climbing Gym 1 – 3:30 p.m. | 25 Soccer Skills 9 – 11:30 a.m. Language Studies 12:30 – 3:30 p.m. Strength Training 3:45 – 5 p.m. | 26 Soccer Skills 9 – 11:30 a.m. Intercultural Communications 12:30 – 3:30 p.m. |
| 29 Soccer Skills 9 – 11:30 a.m. Language Studies 12:30 – 3:30 p.m. Strength Training 3:45 – 5 p.m. | 30 Soccer Skills 9 – 11:30 a.m. Indigenous Artwork 12:30 – 3 p.m. | July 1 Canada Day TRU campus closed No classes | 2 Soccer Skills 9 – 11:30 a.m. Language Studies 12:30 – 3:30 p.m. Strength Training 3:45 – 5 p.m. | 3 Canadian Outdoor Adventure North Barriere Lake Resort 8:30 a.m. – 5 p.m. |
| 6 Soccer Skills 9 – 11:30 a.m. Intercultural Communications 12:30 – 3:30 p.m. | 7 Soccer Skills 9 – 11:30 a.m. Language Studies 12:30 – 3:30 p.m. Strength Training 3:45 – 5 p.m. | 8 Soccer Skills 9 – 11:30 a.m. Paul Lake Hike and Picnic Noon – 4 p.m. | 9 Soccer Skills 9 – 11:30 a.m. Language Studies 12:30 – 3:30 p.m. Strength Training 3:45 – 5 p.m. | 10 Soccer Skills Competition 9 a.m. – noon Closing Celebration 2 – 3 p.m. |

PROGRAM DATE:

June 22 - July 10, 2026

ADDITIONAL FEES:

Custodianship: \$100

If required for a visitor visa.

For more information:

globaltraining@tru.ca

Thompson Rivers University
805 TRU Way, Kamloops, BC V2C 0C8
Canada

Apply online
truworld.ca/itc